

# Year 8

# PSHE



Health and well being	Living in the wider world	Relationships
<p>Emotional literacy; cancer awareness; vaping, nicotine + addiction.</p> <p>Managing my behaviour; target setting; mindfulness; self-confidence and goals; careers input on goals.</p> <p>Personal safety and first aid.</p>	<p>Careers – learning about work; dress-code for work; laws on employment (hours, part-time work etc); situations you may face at work (differences between work and school).</p> <p>Discrimination – teens and the media; prejudice and stereotypes (disability); homophobia; Internet safety + online grooming. Finance – budgeting + saving; income and expenditure; tax and NI; where does our taxes go?; careers budgeting.</p> <p>Caring for our environment – how do we do it? (Global warming, ‘green’ strategies, sustainable development etc).</p>	<p>Safe sex – consent; contraception; pornography dangers; sexting; STIs. _</p> <p>British values – racism; tolerance; preventing radicalisation; do all Muslims want Sharia Law?</p> <p>Extremism – who are extreme groups; where does extremism come from?; prejudice and discrimination – religion; how do extremist ‘leaders’ convert people?</p>