

Sports Leadership

Course Description:

This course will provide students with the opportunity to develop their leadership skills through sport.

Sports Leadership is open to all Sixth Form students, as well as BTEC Sport and Exercise Science and A Level PE students who will be expected to complete the course/s.

Year 12 students will complete the Level 2 award. The Level 3 award can then be completed in Year 13 (following successful completion of Level 2) this carries 30 UCAS points.

Qualifications Required:

Students will be required to commit time to accumulate leadership hours and must have the self-motivation and discipline to commit to regular practical sessions.

Aims of the Course:

Leadership skills will be developed through completing the Sports Leader Level 2 qualification. Leadership opportunities will be provided within Core PE lessons by coaching younger students.

Future Prospects:

Students who complete this course could move on to a number of sport related courses at university, including Sports Science, Sport and PE, PE teacher training, Physiotherapy, Sports coaching, Sport Journalism and Personal Training to name a few.

The skills developed during the completion of this course will prove to be very valuable for future career progression. Skills such as leadership, communication, teamwork, organisation and self-discipline will be utilised in any number of job roles.

Student Feedback:

"This course enabled me to develop skills I wouldn't have been able to develop in other lessons".

"The course made me more confident when speaking to groups".

"I was happy with public speaking previously but this course has helped me to develop my communication skills as well as my ability to plan ahead and organise myself properly".

Subject Teachers:

Mr Snowdon

Sports Leadership

Features of the Course:

4 hours of total contact time per fortnight split as:

2 hours of Sports Leader Award training.

2 hours coaching younger students in PE lessons.

The Level 3 award will require students to complete leadership hours outside of curriculum time.

In addition there will be opportunities to carry out leadership within local schools' tournaments and festivals.

Students will have the opportunity to purchase a Mark Rutherford branded jacket and polo shirt.